



Safe AI for everyone

Using AI without falling: what you may share, how to ask, and how to check the answer

Course goal

Every participant leaves with one habit that protects them: before trusting an AI answer, they check it. They know what may be given to the tool, recognise a scam that uses AI, and ask in a way that makes the answer checkable.

Who it is for

- Residents and seniors
- Factory and industry workers
- Small-business owners
- High-tech and office workers

Prerequisites

A smartphone with at least one AI tool. No prior knowledge is needed.

Structure

- **Course** 4 sessions × 2 hours
- Up to 10 participants per group
- A separate cohort for each audience. Hands-on, on the participant's own phone. One session a week.

The method: the verification gate

- Before: write down what I think, before asking.
- During: ask for a source for every detail. "Do not invent. Write missing."
- After: check every detail against a source. One unverified detail = everything stays a draft.

4 outcomes for every detail, no partial pass

Verified, matches the source: use it and record the source.

Cannot be verified: do not use it. The answer stays a draft.

Verified, a gap was found: fix it from the source and record what was fixed.

The tool wrote "missing": correct behaviour. Record it and continue.

The sessions

#	Topic	Each participant leaves with
1	What AI is, and when to trust it	A list of 5 things I do with AI, marked "great" or "risky"
2	What you may share, and who is really asking	Updated privacy settings on the phone and a code word
3	How to ask for an answer you can check	A personal question template, ready to use
4	How to check before you use it	The "3 questions" card and a completion certificate

Participant outcomes

- Updated privacy settings on the phone and a family code word
- A personal question template
- The "3 questions" card

Not included

- Building apps or websites
- Programming
- Comparing or recommending commercial tools
- Legal, medical or financial advice
- An organisational AI policy

What the ordering organisation provides

- A classroom with a projector and stable Wi-Fi
- Registration and outreach to the audience: a separate cohort for each
- Scheduling 4 dates, ideally once a week

The instructor



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Author of the verification gate method: a structured check of every output AI produces, before it is trusted. The method is published with DOI 10.5281/zenodo.22271340.

For a group quote: judgment.engineering/en/courses/safe-ai · WhatsApp 058-4887876